

FOR IMMEDIATE RELEASE / NEW BOOK NEWSCONTACT: Jen Maguire, jen@maguirepr.com**DEBUT MEMOIR ABOUT RECOVERY TO LAUNCH IN ALCOHOL AWARENESS MONTH**

This woman-child stumbles and falls over and over again until finally,
she picks herself up and stumbles home.

New York Times and *Washington Post* writer Carol Weis, bares herself (sometimes literally) in her debut memoir, *Stumbling Home: Life Before and After That Last Drink*, where she unveils her two lives in alternating chapters. In those chapters, you'll meet a desperate woman-child riddled with anger and fear from childhood trauma and an equally desperate sober, single mom struggling to push those feelings aside to care for her young daughter.

Like many who abuse alcohol, the author grew up in a world where feelings were never discussed and were typically resolved by drinking. Her mother was hospitalized with tuberculosis for 18 months when she was three, and being passed around from family to family left a tenacious fear of abandonment that persisted through her often reckless life. Alcohol was the salve that soothed the wound. And for 25 years it ruled over her actions, while she tread her way through the chaos it created. Starting off on the night of her last drink, *Stumbling Home* quickly reveals the author's love-hate relationship with the legal drug, then brings the reader along on the sundry adventures she takes under the influence, interspersed with the challenges she faces after she quits. *Stumbling Home* will launch in April, Alcohol Awareness Month, sponsored every April by the National Council on Alcoholism and Drug Dependence (NCADD) to help end the stigma associated with alcohol abuse.



Carol Weis, who became a writer when she got sober, has been an actor, teacher, professional cook and baker to name but a few things she's done. Her writing has appeared in the *New York Times*, the *Washington Post*, *Salon*, *AARP*, *Good Housekeeping*, *ESPN*, the *Independent*, *OZY*, *Cosmo*, *The Fix*, *Ravishly*, *Today's Parent*, *The Manifest-Station*, and numerous other venues, and has been read as commentary on NPR. She's also the author of a Simon & Schuster picture book and a chapbook of poetry about her divorce. Carol is a Jersey girl who lives in Massachusetts.

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Book Information:

***Stumbling Home* by Carol Weis**

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